

Frequently Asked Questions about Consent to Care Management Paperwork

Why do I need to sign this paperwork?

We're asking you to review and sign this Consent to Care Management document before Care Management begins because we need to comply with state and federal regulations. You are only agreeing to be treated for the condition you initial next to at the bottom of the form.

Do I still need to sign even if I don't have all of the health conditions listed in the document?

Yes. Signing this paper only means you are agreeing to treatment for your specific diagnosis. It does not mean you will be treated for the other conditions listed that do not apply to your situation.

What if my child is the one receiving treatment?

If your child is less than 18 years old, then you can sign on behalf of your child and access the diagnosis and treatment information until your child turns 18 years old – unless your child is being treated for one or more of the following: sexually transmitted diseases, abortion, HIV/AIDS or substance use disorder(s).

What happens if my child is being treated for sexually transmitted diseases, abortion, HIV/AIDS or substance use disorder(s)?

In that case, your child will need to sign this paperwork consenting to treatment – even if they are under the age of 18. This is because state and federal regulations require the individual to consent to their own care regardless of age. It also means your child will need to give you permission to access their diagnosis or treatment information.

How can my child give me permission to see their information?

It's important to understand that it is your child's choice about whether they give permission for you or anyone else to see their care management information. Your child's decision does not affect the care they receive.

- **Children who are older than 18 years old:** Your child will need to fill out the Authorization to Disclose Protected Health Information (PHI) form before information can be released to you or anyone else. Search for "Manage your Privacy" at www.excellusbcbs.com to find the form.
- **Children who are being treated for HIV/AIDS:** NY State has different rules about releasing health information for HIV/AIDS. For your child to share information related to their HIV/AIDS treatment, no matter how old they are, the child must sign the New York State "Authorization for Release of Health Information and Confidential HIV Related Information (DOH-2557)" before we can share any information about their care management with you or anyone else. That form is available at: <http://www.health.state.ny.us/diseases/aids/forms/informedconsent.htm>

Is there anything else I need to know about Substance Use Disorder Regulation?

Pursuant to 42 CFR Part 2, any substance use disorder information from a Part 2 Program relating to these care management services will only be used or released in accordance with a written consent to release, or as permitted under applicable law(s) and members have a right to obtain a list of disclosures as described in Section II, Part D below.