



A nonprofit independent licensee of the Blue Cross Blue Shield Association

2025 SUMMARY OF BENEFITS

January 1, 2025 – December 31, 2025

Medicare BluePlus (PPO) (H3335-018) Medicare BlueSalute (PPO) (H3335-044)

This is a summary of drug and health services covered by Excellus BlueCross BlueShield.

Excellus BlueCross BlueShield contracts with the Federal Government and is a PPO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the "Evidence of Coverage" by calling us at the telephone numbers on the next page.

To join **Medicare BlueSalute (PPO) and Medicare BluePlus (PPO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in New York: Clinton, Delaware, Essex, Franklin, Fulton, Hamilton, Montgomery and Otsego.

Medicare BlueSalute (PPO) and Medicare BluePlus (PPO), have a network of doctors, hospitals, and other providers. If you use the providers in our network, you may pay less for your covered services. But if you want to, you can use providers that are not in our network.

Medicare BluePlus (PPO), also has a network of pharmacies. You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

If you want to know more about the coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille and large print.

This information is not a complete description of benefits. Call us at one of the phone numbers listed on the next page for more information.

If you are a member of one of these plans: Call toll-free at 1-877-883-9577 (TTY users call 711). From October 1 to March 31, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m.

If you are not a member of one of these plans: Call toll-free at 1-800-659-1986 (TTY users call 711). From March 31 to December 30, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m.

You can also visit us at ExcellusMedicare.com.

You can see our plan's provider and/or pharmacy directory at our website at ExcellusMedicare.com/Providers. Or call us and we will send you a copy of the directory.

For Medicare BluePlus (PPO), we cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website at ExcellusMedicare.com/Formulary. Or call us and we will send you a copy of our formulary.

Medicare BlueSalute (PPO): We cover Part B drugs such as chemotherapy and some drugs administered by your provider.

This is not a complete description of benefits. Call 1-800-659-1986 (TTY users call 711) for more information.

Out-of-network/non-contracted providers are under no obligation to treat Excellus BlueCross BlueShield members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Convey is an independent company offering OTC benefits in the Excellus BlueCross BlueShield service area.

FitOn Health is an independent company offering members a fitness benefit. TruHearing® is an independent company offering a network of audiologists and hearing aid providers.

MDLive® is an independent company, offering telehealth services in the Excellus BCBS service area.

Mom's Meals® is an independent company that provides home delivered meals and nutritional services to Excellus BCBS members.

Reach Kidney Care is an independent company offering services to help members with chronic kidney disease.

SafeRide® is an independent company, offering transportation services in the Excellus BCBS service area.

Vori Health is an independent company offering services to help members with muscular skeletal conditions.

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Monthly Plan Premium	You pay \$113.30 per month.	You pay \$0 per month.	You must continue to pay your Medicare Part B premium.
Part B Premium Reduction	Not applicable.	\$35 reduction of the monthly premium you pay to Social Security.	
Deductible	\$590 per year for Part D prescription drugs. There is no medical deductible.	This plan does not have a deductible.	You must pay your Part D deductible before the plan will contribute to the costs of your prescriptions.
Maximum Out-of-Pocket Responsibility (Does not include prescription drugs.)	\$6,100 for medical services you receive from In-Network providers. \$9,300 for medical services from In-Network and Out-of-Network providers combined.	\$4,500 for medical services you receive from In-Network providers. \$7,800 for medical services from In-Network and Out-of-Network providers combined.	The most you pay in copayments/ coinsurance for medical services for the year.
Inpatient Hospital Coverage	In-Network: You pay \$350 copayment per day for days 1 to 5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$325 copayment per day for days 1 to 5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission. Out-of-Network: You pay 30% coinsurance.	Prior Authorization is required. Our plan covers an unlimited number of days for an inpatient hospital stay. Benefit applied per admission.
Outpatient Hospital Coverage	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$300 copayment. Out-of-Network: You pay 30% coinsurance.	Prior Authorization is required.
Ambulatory Surgery Center	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$300 copayment. Out-of-Network: You pay 30% coinsurance.	Prior Authorization is required.

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Doctor Visits Primary	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$5 copayment. Out-of-Network: You pay 30% coinsurance.	
Doctor Visits Specialists	In-Network: You pay \$40 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$35 copayment. Out-of-Network: You pay 30% coinsurance.	
Preventive Care	In-Network: You pay \$0 copayment. Out-of-Network: You pay \$0 copayment or 30% coinsurance depending on the service. Any additional preventive services approved by Medicare during the contract year will be covered.	In-Network: You pay \$0 copayment. Out-of-Network: You pay \$0 copayment or 30% coinsurance depending on the service. Any additional preventive services approved by Medicare during the contract year will be covered.	See the Evidence of Coverage for a list of covered preventive services. If you are treated for a new or existing medical condition during a visit where a preventive screening is performed, an office visit copayment will apply to the care received for the new or existing medical condition. Any additional preventive services approved by Medicare during the contract year will be covered.
Emergency Care	You pay \$110 copayment.	You pay \$110 copayment.	If you are admitted to the hospital within 23 hours, you do not have to pay your share of the cost for emergency care.
Urgently Needed Services	You pay \$40 copayment.	You pay \$40 copayment.	
Diagnostic Services/Labs/Imaging Diagnostic Radiology Service (e.g., MRI, CT scans)	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$150 copayment. Out-of-Network: You pay 30% coinsurance.	

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
<p>Diagnostic Services/Labs/Imaging (continued) Lab Services - Diagnostics</p> <p>Diagnostic Tests and Procedures</p> <p>X-Rays</p> <p>Therapeutic Radiology (such as radiation treatment for cancer)</p>	<p>In-Network: You pay \$20 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$20 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$50 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$15 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$15 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$40 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>Prior Authorization is required for some services. Contact us for more information.</p>
<p>Hearing Services Diagnostic Hearing Exam</p> <p>Routine Hearing Exam</p>	<p>In-Network: You pay \$40 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: Not covered.</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: Not covered.</p>	<p>You must see a TruHearing provider. One routine hearing exam each year.</p>

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Hearing Services (continued) Hearing Aids	In-Network (per aid): \$499 copay for Advanced Aid. \$799 copay for Premium Aid. \$50 additional cost for optional hearing aid rechargeability. Out-of-Network: Not covered.	In-Network (per aid): \$499 copay for Advanced Aid. \$799 copay for Premium Aid. \$50 additional cost for optional hearing aid rechargeability. Out-of-Network: Not covered.	You are eligible for hearing aids from TruHearing providers only. Copayments not included in the Out-of-Pocket Maximum.
Dental Services Medicare covered limited dental services (This does not include routine services in connection with care, treatment, filling, removal, or replacement of teeth) Preventive dental services Annual Allowance	In-Network: You pay \$40 copayment. Out-of-Network: You pay 30% coinsurance. You pay \$0 copayment per service. \$1,000 per calendar year for in and out of network benefits (services above the limit are your responsibility).	In-Network: You pay \$35 copayment. Out-of-Network: You pay 30% coinsurance. You pay \$0 copayment per service. \$1,000 per calendar year for in and out of network benefits (services above the limit are your responsibility).	Does not include routine services in connection with care, replacement of teeth, treatment, filling, or removal. Medicare only covers limited dental procedures under specific conditions. For each service, we pay up to an annual allowance. Includes up to 2 cleaning(s), dental x-ray(s), and oral exam(s) per year You will be responsible for the additional cost if your provider does not participate in the Plan's network and charges more than the annual allowance. The annual allowance does not apply to preventive services.

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
<p>Dental Services (continued) Restorative (e.g., restorations) Periodontics (e.g., scaling) Oral Surgery (e.g., extractions) Endodontics (e.g., root canal) Prosthodontics (e.g., select crowns, dentures, and bridges) Prosthetic Maintenance (e.g., denture or bridge repairs)</p>	<p>In-Network: You pay \$0 copayment per service. Out-of-Network: You pay \$0 copayment per service.</p>	<p>In-Network: You pay \$0 copayment per service. Out-of-Network: You pay \$0 copayment per service.</p>	<p>See the Evidence of Coverage for more information. Limited to specific dental codes Exclusions apply, for example tooth implants are not covered.</p>
<p>Vision Services Diagnostic/ Treatment Exam</p> <p>Routine Eye Exam</p> <p>Eyeglasses or Contacts after Cataract Surgery</p> <p>Routine Eyewear Allowance</p>	<p>In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$40 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>\$100 Allowance every year</p>	<p>In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance</p> <p>In-Network: You pay \$35 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>\$250 Allowance every year</p>	<p>One routine eye exam each year.</p> <p>Allowance towards purchase of contact lenses and eyeglasses (frames and lenses).</p>

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
<p>Mental Health Services Inpatient Visit</p> <p>Individual and Group Outpatient Therapy Visit</p>	<p>In-Network: You pay \$315 copayment per day for days 1-5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$324 copayment per day for days 1-5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>Benefit applied per admission. Prior authorization is required. Covers up to 190 days lifetime for inpatient mental health care at a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental health services provided in a psychiatric unit of a general hospital. See the Evidence of Coverage for more information.</p> <p>Prior Authorization may be required for some services.</p>
<p>Skilled Nursing Facility</p>	<p>In-Network: You pay \$0 copayment for days 1 through 20. You pay a \$214 copayment per day for days 21 through 100.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$0 copayment for days 1 through 20. You pay a \$214 copayment per day for days 21 through 100.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>Prior Authorization is required. We cover up to 100 days in a Skilled Nursing Facility.</p>
<p>Physical Therapy</p>	<p>In-Network: You pay \$40 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>Prior Authorization may be required.</p>
<p>Ambulance</p>	<p>You pay \$250 copayment.</p>	<p>You pay \$200 copayment.</p>	<p>Prior Authorization may be required.</p>

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Transportation	Not covered.	12 one-way trips to a health-related location through SafeRide. Various modes of transportation are available based on your needs. There will be a limit of 50 miles per one-way ride.	
Medicare Part B Drugs Part B Insulin used in a traditional insulin pump	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay \$35 copayment. Out-of-Network: You pay \$35 copayment.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay \$35 copayment. Out-of-Network: You pay \$35 copayment.	Prior Authorization may be required. Part B drugs may be subject to step therapy requirements. For Part B chemotherapy drugs, the baseline cost sharing is 20% with a 0-20% range for drugs impacted by the Inflation Rebate Program. Drugs and cost can change quarterly.
Medicare Part D Prescription Drugs			
Phase 1: Initial Coverage	Cost-sharing may vary depending on the pharmacy you choose and what phase of the Part D benefit you are in. Please call us or see the Evidence of Coverage for more information.	Not Covered.	
Deductible	\$590 per year for Part D prescription drugs. This plan does not have a medical deductible.	Not Covered.	

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Tier 1: Preferred Generic	Preferred Pharmacy 30-day supply: You pay \$0 Standard Pharmacy 30-day supply: You pay \$5 Preferred Pharmacy/Mail Order 90-day supply: You pay \$0 Standard Pharmacy 90-day supply: You pay \$15	Not Covered.	After you pay your deductible (if applicable).
Tier 2: Generic	Preferred Pharmacy 30-day supply: You pay \$6 Standard Pharmacy 30-day supply: You pay \$11 Preferred Pharmacy/Mail Order 90-day supply: You pay \$18 Standard Pharmacy 90-day supply: You pay \$33	Not Covered.	After you pay your deductible (if applicable).
Tier 3: Preferred Brand	Preferred Pharmacy 30-day supply: You pay 25% Standard Pharmacy 30-day supply: You pay 25%	Not Covered.	After you pay your deductible (if applicable).

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
<p>Tier 3: Preferred Brand (continued)</p>	<p>Preferred Pharmacy/Mail Order 90-day supply: You pay 25%</p> <p>Standard Pharmacy 90-day supply: You pay 25%</p> <p>Insulin, Preferred Pharmacy 30-day supply: You pay \$35</p> <p>Insulin, Standard Pharmacy 30-day supply: You pay \$35</p> <p>Insulin, Preferred Pharmacy Or Mail Order 90-day supply: You pay \$105</p> <p>Insulin, Standard Pharmacy 90-day supply: You pay \$105</p>	<p>Not Covered.</p>	<p>Insulin costs will remain the same through the deductible, initial and coverage gap phases of the Part D benefit.</p>
<p>Tier 4: Non-Preferred Drug</p>	<p>Preferred Pharmacy 30-day supply: You pay 25%</p> <p>Standard Pharmacy 30-day supply: You pay 25%</p> <p>Preferred Pharmacy/Mail Order 90-day supply: You pay 25%</p> <p>Standard Pharmacy 90-day supply: You pay 25%</p>	<p>Not Covered.</p>	<p>After you pay your deductible (if applicable).</p>

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
<p>Tier 4: Non-Preferred Drug (continued)</p>	<p>Insulin, Preferred Pharmacy 30-day supply: You pay \$35</p> <p>Insulin, Standard Pharmacy 30-day supply: You pay \$35</p> <p>Insulin, Preferred Pharmacy Or Mail Order 90-day supply: You pay \$105</p> <p>Insulin, Standard Pharmacy 90-day supply: You pay \$105</p>		<p>Insulin costs will remain the same through the deductible, initial and coverage gap phases of the Part D benefit.</p>
<p>Tier 5: Specialty</p>	<p>Preferred Pharmacy 30-day supply: You pay 25%</p> <p>Standard Pharmacy 30-day supply: You pay 25%</p> <p>Preferred Pharmacy/Mail Order 90-day supply: You pay 25%</p> <p>Standard Pharmacy 90-day supply: You pay 25%</p> <p>Insulin, Preferred Pharmacy 30-day supply: You pay \$35</p> <p>Insulin, Standard Pharmacy 30-day supply: You pay \$35</p>	<p>Not Covered.</p>	<p>After you pay your deductible (if applicable).</p> <p>Insulin costs will remain the same through the deductible, initial and coverage gap phases of the Part D benefit.</p>

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Tier 5: Specialty (continued)	Insulin, Preferred Pharmacy Or Mail Order 90-day supply: You pay \$105 Insulin, Standard Pharmacy 90-day supply: You pay \$105		
Phase 2: Catastrophic Coverage Once you have paid \$2,000 during the year, which includes your deductible, copayments, and coinsurances, you enter the catastrophic coverage stage. You pay \$0 for generics and brand drugs. You will remain in the catastrophic coverage stage for the rest of the calendar year. On January 1 of the following year, you will begin again in the deductible phase.		Not Covered.	
Additional Benefits			
Over the counter (OTC) Items	Not Covered.	You have \$50 every quarter to spend on plan-approved OTC items.	Non-prescription OTC health related items like vitamins are covered. Visit ExcellusMedicare.com for details.
Acupuncture	You pay 50% coinsurance	You pay 50% coinsurance	For up to 10 visits per calendar year or up to 20 visits per calendar year for chronic lower back pain.
Meals	Not Covered.	Up to two home-delivered meals per day for 7-days.	Available after an inpatient hospital, hospital observation, or Skilled Nursing Facility stay.

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
<p>Rehabilitation Services Occupational Therapy Visit</p> <p>Speech and Language Therapy Visit</p> <p>Cardiac rehabilitation Services</p>	<p>In-Network: You pay \$40 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$40 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$35 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$35 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.</p>	<p>Prior Authorization may be required.</p>
<p>Foot Care (Podiatry Services) Diagnostic Exams and Treatment</p> <p>Routine Foot Care</p>	<p>In-Network: You pay \$40 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$40 copayment. Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$35 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$35 copayment. Out-of-Network: You pay 30% coinsurance.</p>	<p>Routine foot exams and treatment are covered if you have Diabetes-related nerve damage and/or meet certain conditions.</p>
<p>Medical Equipment/Supplies Durable Medical Equipment (e.g., Wheelchairs, Oxygen)</p> <p>Prosthetics (e.g., Braces, Artificial Limbs and related supplies)</p>	<p>In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.</p>	<p>Prior Authorization is required for Durable Medical Equipment.</p> <p>Prior Authorization is required for Prosthetics.</p>

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
<p>Medical Equipment/Supplies (continued) Diabetes monitoring supplies</p> <p>Diabetes self-management training</p> <p>Therapeutic shoes or inserts</p>	<p>In-Network: You pay \$5 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay a \$0 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: 20% coinsurance. Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$5 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay a \$0 copayment. Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: 20% coinsurance. Out-of-Network: You pay 30% coinsurance.</p>	<p>Abbott Diabetes Care is the preferred supplier for Diabetic Monitoring supplies. Your provider must get an approval from the plan before we'll pay for supplies from a non-preferred manufacturer.</p> <p>For people with Diabetes who have severe diabetic foot disease. See the Evidence of Coverage for more information.</p>
<p>Wellness Programs Fitness</p>	<p>You pay a \$0 copayment. With FitOn Health, you can access participating fitness facilities, online digital fitness classes, and home fitness accessories/equipment.</p> <p>You can access nonparticipating fitness facilities if needed.</p>	<p>You pay a \$0 copayment. With FitOn Health, you can access participating fitness facilities, online digital fitness classes, and home fitness accessories/equipment.</p> <p>You can access nonparticipating fitness facilities if needed.</p>	<p>Please see your Evidence of Coverage for more details.</p>
<p>Remote Access Technology</p>	<p>Contact a nurse 24 hours a day, 7 days a week at 1-800-348-9786 (TTY 711).</p>	<p>Contact a nurse 24 hours a day, 7 days a week at 1-800-348-9786 (TTY 711).</p>	<p>Intended to help educate, not replace the advice of a medical professional.</p>

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Health Education: Chronic Kidney Disease	You pay a \$0 copayment. Members who have stage 4 or 5 chronic kidney disease will be offered a multi-disciplinary care team, to help navigate medical care and follow a treatment plan.	You pay a \$0 copayment. Members who have stage 4 or 5 chronic kidney disease will be offered a multi-disciplinary care team, to help navigate medical care and follow a treatment plan.	The program is offered virtually and in-person.
Health Education: Muscular Skeleton Disease	You pay a \$0 copayment. Members with a muscular skeletal condition which physical therapy might improve, may be eligible for physical therapy, health coaching, and dietary counselling.	You pay a \$0 copayment. Members with a muscular skeletal condition which physical therapy might improve, may be eligible for physical therapy, health coaching, and dietary counselling.	The Plan will contact members eligible for the program. Services such as physical therapy, dietary counselling, and coaching, will be provided virtually or over-the-phone.
Routine Annual Physical Exam	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	One annual routine physical exam each calendar year.
Immunizations	In-Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines. You pay 20% coinsurance for all other Medicare-Part B covered immunizations.	In-Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines. You pay 20% coinsurance for all other Medicare-Part B covered immunizations.	Some vaccines are also covered under our Part D prescription drug benefit.

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Immunizations (continued)	Out-of-Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines. You pay 30% coinsurance for all other Medicare-Part B covered immunizations.	Out-of-Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines. You pay 30% coinsurance for all other Medicare-Part B covered immunizations.	
Telehealth Primary Specialists Behavioral Health visit MDLive visit MDLive Behavioral Health visit Out-of-Network	You pay \$0 copayment. You pay \$40 copayment. You pay 20% coinsurance. You pay \$0 copayment. You pay \$40 copayment. Not covered	You pay \$5 copayment. You pay \$35 copayment. You pay \$0 copayment You pay \$5 copayment. You pay \$35 copayment. Not covered	For non-emergency medical issues only. Contact a network doctor by phone or secure video using your computer or mobile device. Telehealth doctors can diagnose symptoms and prescribe medication. Services from MDLive available 24 hour a day, 7 days a week.
Chiropractic	In-Network: You pay \$15 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$5 copayment. Out-of-Network: You pay 30% coinsurance.	We only cover manual manipulation of the spine to correct a subluxation (when 1 or more of the bones in your spine move out of position).
Home Health Care	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	Prior Authorization is required.

Premiums and Benefits	Medicare BluePlus (PPO)	Medicare BlueSalute (PPO)	What You Should Know
Outpatient Dialysis Services	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 20% coinsurance.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 20% coinsurance.	
Outpatient Substance Abuse Services Individual and Group therapy visit	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	Prior Authorization may be required for some services.

Discrimination is Against the Law

Our Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Our Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Our Health Plan:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact our dedicated Medicare Customer Care representatives at 1-877-883-9577, (TTY: 1-800-662-1220). Monday - Friday, 8 a.m. - 8 p.m.
From October 1 - March 31, 8 a.m. - 8 p.m., 7 days a week.

If you believe that our Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Advocacy Department
Attn: Civil Rights Coordinator
PO Box 4717
Syracuse, NY 13221
Telephone Number: 1-800-614-6575 (TTY: 1-800-662-1220)
Fax Number: 315-671-6656

You can file a grievance in person, or by mail or fax. If you need help filing a grievance, our Health Plan's Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Multi-Language Insert Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-883-9577 (TTY: 1-800-662-1220). Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-883-9577 (TTY: 1-800-662-1220). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如您需要此翻译服务，请致电 1-877-883-9577 (TTY: 1-800-662-1220)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-877-883-9577 (TTY: 1-800-662-1220)。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-883-9577 (TTY: 1-800-662-1220). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-883-9577 (TTY: 1-800-662-1220). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-877-883-9577 (TTY: 1-800-662-1220) sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-883-9577 (TTY: 1-800-662-1220). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-883-9577 (TTY: 1-800-662-1220)번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-883-9577 (TTY: 1-800-662-1220). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على 1-877-883-9577 (TTY: 1-800-662-1220). سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-877-883-9577 (TTY: 1-800-662-1220)पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-883-9577 (TTY: 1-800-662-1220). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-883-9577 (TTY: 1-800-662-1220). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-877-883-9577 (TTY: 1-800-662-1220). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-883-9577 (TTY: 1-800-662-1220). Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、1-877-883-9577 (TTY: 1-800-662-1220)にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a representative at 1-800-659-1986.

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit [ExcellusMedicare.com](https://www.ExcellusMedicare.com) or call 1-800-659-1986 to view a copy of the EOC.
- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services that you routinely see a doctor. Visit [ExcellusMedicare.com](https://www.ExcellusMedicare.com) or call 1-800-659-1986 to request a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- Review the formulary to make sure your drugs are covered.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/coinsurance may change on January 1, 2026.
- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.
- Effect on Current Coverage.** If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.

Excellus BlueCross BlueShield contracts with the Federal Government and is an PPO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal.