

A nonprofit independent licensee of the Blue Cross Blue Shield Association

2025 SUMMARY OF BENEFITS January 1, 2025 – December 31, 2025

Medicare Blue Choice® Optimum (HMO-POS) (H3351-006) Medicare Blue Choice® Freedom (HMO-POS) (H3351-007) Medicare Blue Choice® Value Plus (HMO-POS) (H3351-013)

This is a summary of drug and health services covered by Excellus BlueCross BlueShield.

Excellus BlueCross BlueShield contracts with the Federal Government and is an HMO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the "Evidence of Coverage" by calling us at the telephone numbers on the next page.

To join Medicare Blue Choice® Value Plus (HMO-POS), Medicare Blue Choice® Optimum (HMO-POS) and Medicare Blue Choice® Freedom (HMO-POS), you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in New York: Livingston, Monroe, Ontario, Seneca, Wayne, and Yates.

Medicare Blue Choice® Value Plus (HMO-POS), Medicare Blue Choice® Optimum (HMO-POS) and Medicare Blue Choice® Freedom (HMO-POS) have a network of doctors, hospitals, and other providers. In general, if you use providers that are not in our network, the plan may not pay for these services. However, the Point-of-Service (POS) benefit does allow you to use providers that are not in our network for some services. Check this document and the Evidence of Coverage for more information.

Medicare Blue Choice® Optimum (HMO-POS) and Medicare Blue Choice® Value Plus (HMO-POS), also have a network of pharmacies. You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

If you want to know more about the coverage and costs of Original Medicare, look in your current

"Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille and large print.

This information is not a complete description of benefits. Call us at one of the phone numbers listed on the next page for more information.

If you are a member of one of these plans: Call toll-free at 1-877-883-9577 (TTY users call 711). From October 1 to March 31, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m.

If you are not a member of one of these plans: Call toll-free at 1-800-659-1986 (TTY users call 711). From October 1 to March 31, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m.

You can also visit us at ExcellusMedicare.com.

You can see our plan's provider/pharmacy directory at our website at <u>ExcellusMedicare.com/Providers</u>. Or call us and we will send you a copy of the directory.

Medicare Blue Choice® Freedom (HMO-POS): We cover Part B drugs such as chemotherapy and some drugs administered by your provider.

Medicare Blue Choice® Value Plus (HMO-POS) and Medicare Blue Choice® Optimum (HMO-POS): We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs), and any restrictions on our website at ExcellusMedicare.com/Formulary. Or call us and we will send you a copy of our formulary.

This information is not a complete description of benefits. Call 1-800-659-1986 (TTY users call 711) for more information.

Out-of-network/non-contracted providers are under no obligation to treat Excellus BlueCross BlueShield members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Convey is an independent company offering OTC benefits in the Excellus BlueCross BlueShield service area.

The Silver&Fit® Program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). ASH is an independent company. Silver&Fit is a trademark of ASH and used with permission herein.

TruHearing[®] is an independent company offering a network of audiologists and hearing aid providers.

MDLive® is an independent company, offering telehealth services in the Excellus BlueCross BlueShield service area.

Mom's Meals® is an independent company that provides home delivered meals and nutritional services to Excellus BlueCross BlueShield members.

Reach Kidney Care is an independent company offering services to help members with chronic kidney disease.

SafeRide® is an independent company, offering transportation services in the Excellus BlueCross BlueShield service area.

Vori Health is an independent company offering services to help members with muscular skeletal conditions.

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Monthly Plan	You pay \$72.30	You pay \$200.70	You pay \$0 per	You must
Premium	per month.	per month.	month.	continue to pay
				your Medicare
				Part B premium.
Part B Premium	Not applicable	Not applicable.	\$35 reduction of	
Reduction			the monthly	
			premium you pay	
			to the Social	
			Security	
			Administration.	
Deductible	This plan does	This plan does	This plan does	
	not have a	not have a	not have a	
	deductible.	deductible.	medical	
			deductible. Part D	
			drugs not	
			covered.	
Maximum Out-	\$7,200 for	\$6,700 for	\$4,500 for	The most you pay
of-Pocket	medical services	medical services	medical services	in copayments/
Responsibility	you receive from	you receive from	you receive from	coinsurance for
(Does not include	In-Network	In-Network	In-Network	medical services
prescription	providers.	providers.	providers.	for the year.
drugs.)				
Inpatient	In-Network:	In-Network:	In-Network:	Prior
Hospital	You pay \$350	You pay \$285	You pay \$260	Authorization is
Coverage	copayment per	copayment per	copayment per	required. Our plan
	day, days 1 to 5.	day, days 1 to 5.	day, days 1 to 5.	covers an
	You pay \$0 copay	You pay \$0 copay	You pay \$0 copay	unlimited number
	for additional	for additional	for additional	of days for an
	Medicare-covered	Medicare-covered	Medicare-covered	inpatient hospital
	days during your	days during your	days during your	stay. Benefit
	hospital	hospital	hospital	applied per
	admission.	admission.	admission.	admission.
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse	reimburse	reimburse	
	maximum \$3,000	maximum \$3,000	maximum \$3,000	
	for out-of-	for out-of-	for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice ®	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Outpatient	In-Network:	In-Network:	In-Network:	Prior
Hospital	You pay \$300	You pay \$250	You pay \$250	Authorization is
Coverage	copayment.	copayment.	copayment.	required.
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse	reimburse	reimburse	
	maximum \$3,000	maximum \$3,000	maximum \$3,000	
	for out-of-	for out-of-	for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Ambulatory	In-Network:	In-Network:	In-Network:	Prior
Surgery Center	You pay \$300	You pay \$250	You pay \$250	Authorization is
	copayment.	copayment.	copayment.	required.
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse	reimburse	reimburse	
	maximum \$3,000	maximum \$3,000	maximum \$3,000	
	for out-of-	for out-of-	for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Doctor Visits	In-Network:	In-Network:	In-Network:	
Primary	You pay \$0	You pay \$0	You pay \$5	
	copayment.	copayment.	copayment.	
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Doctor Visits	In-Network:	In-Network:	In-Network:	
Specialists	You pay \$30	You pay \$30	You pay \$35	
	copayment.	copayment.	copayment.	
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Preventive Care	In-Network:	In-Network:	In-Network:	If you are treated
	You pay \$0	You pay \$0	You pay \$0	for a new/existing
	copayment.	copayment.	copayment.	medical condition
	Out-of-	Out-of-	Out-of-	during a visit
	Network: You	Network: You	Network: You	where a
	pay 30%	pay 30%	pay 30%	preventive
	coinsurance. The	coinsurance. The	coinsurance. The	screening is
	plan will	plan will	plan will	performed, an
	reimburse a	reimburse a	reimburse a	office visit
	maximum of	maximum of	maximum of	copayment will
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	apply to the care
	network (POS)	network (POS)	network (POS)	received for the
	services per	services per	services per	new/existing
	calendar year.	calendar year.	calendar year.	medical condition.
	,	,	,	Additional
				preventive services
				approved by Medicare during the
				contract year will
				be covered.
Emergency	You pay \$110	You pay \$110	You pay \$110	If you are
Care	copayment.	copayment.	copayment.	admitted to the
	' '		' '	hospital within 23
				hours, you do not
				have to pay your
				share of the cost
				for emergency
				care.
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Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Urgently	You pay \$40	You pay \$40	You pay \$50	
Needed	copayment.	copayment.	copayment.	
Services				
Diagnostic	In-Network:	In-Network:	In-Network:	Prior
Services/Labs/	You pay \$175	You pay \$150	You pay \$150	Authorization is
Imaging	copayment.	copayment.	copayment.	required for some
Diagnostic	Out-of-	Out-of-	Out-of-	services. Contact
Radiology Service	Network:	Network:	Network:	us for more
(e.g., MRI, CT	You pay 30%	You pay 30%	You pay 30%	information.
scans)	coinsurance.	coinsurance.	coinsurance.	
	The plan will reimburse a	The plan will reimburse a	The plan will reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Lab Services -	In-Network:	In-Network:	In-Network:	
Diagnostics	You pay \$4	You pay \$0	You pay \$10	
Diagnostics	copayment.	copayment.	copayment.	
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance.	coinsurance.	coinsurance.	
	The plan will	The plan will	The plan will	
	reimburse a max	reimburse a max	reimburse a max	
	of \$3,000 for out-	of \$3,000 for out-	of \$3,000 for out-	
	of-network (POS)	of-network (POS)	of-network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
	In-Network:	In-Network:	In-Network:	
Diagnostic Tests	You pay \$4	You pay \$0	You pay \$10	
and Procedures	copayment.	copayment.	copayment.	
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance.	coinsurance.	coinsurance.	
	The plan will	The plan will	The plan will	
	reimburse a max	reimburse a max	reimburse a max	
	of \$3,000 for out-	of \$3,000 for out-	of \$3,000 for out-	
	of-network (POS)	of-network (POS)	of-network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Diagnostic	In-Network:	In-Network:	In-Network:	
Services/Labs/	You pay \$50	You pay \$40	You pay \$40	
Imaging	copayment.	copayment.	copayment.	
(continued)	Out-of-	Out-of-	Out-of-	
X-Rays	Network: You	Network: You	Network: You	
	pay 30%	pay 30%	pay 30%	
	coinsurance.	coinsurance.	coinsurance.	
	The plan will	The plan will	The plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Therapeutic	In-Network:	In-Network:	In-Network:	
Radiology (such	You pay 20%	You pay 20%	You pay 20%	
as radiation	coinsurance.	coinsurance.	coinsurance.	
treatment for	Out-of-	Out-of-	Out-of-	
cancer)	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance.	coinsurance.	coinsurance.	
	The plan will	The plan will	The plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Hearing	In-Network:	In-Network:	In-Network:	
Services	You pay \$30	You pay \$30	You pay \$35	
Diagnostic	copayment.	copayment.	copayment.	
Hearing Exam	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance per	coinsurance per	coinsurance per	
	visit. The plan will reimburse	visit. The plan will reimburse	visit. The plan will reimburse	
	maximum \$3,000	maximum \$3,000	maximum \$3,000	
	for out-of-	for out-of-	for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
	Calcillai year.	Calcillai year.	Calcillai year.	

Premiums and Benefits	Medicare Blue Choice® Value Plus (HMO-POS)	Medicare Blue Choice® Optimum (HMO-POS)	Medicare Blue Choice® Freedom (HMO-POS)	What You Should Know
Hearing Services (continued) Routine Hearing Exam	In-Network: You pay \$0 copayment. Out-of- Network: Not covered.	In-Network: You pay \$0 copayment. Out-of- Network: Not covered.	In-Network: You pay \$0 copayment. Out-of- Network: Not covered.	You must see a TruHearing provider. One routine hearing exam each year.
Hearing Aids	In-Network (per aid): \$499 copay for Advanced Aid. \$799 copay for Premium Aid. \$50 additional cost for optional hearing aid rechargeability. Out-of- Network: Not covered.	In-Network (per aid): \$499 copay for Advanced Aid. \$799 copay for Premium Aid. \$50 additional cost for optional hearing aid rechargeability. Out-of- Network: Not covered.	In-Network (per aid): \$499 copay for Advanced Aid. \$799 copay for Premium Aid. \$50 additional cost for optional hearing aid rechargeability. Out-of- Network: Not covered.	You are eligible for hearing aids from TruHearing providers only. Copayments not included in the Out-of-Pocket Maximum.
Dental Services Medicare covered limited dental services (This does not include routine services in connection with care, treatment, filling, removal, or replacement of teeth) Preventive dental services	In-Network: You pay \$30 copayment Out-of- Network: You pay 30% coinsurance. The plan will reimburse maximum \$3,000 for out-of- network (POS) services per calendar year. You pay \$0 copayment per service.	In-Network: You pay \$30 copayment Out-of- Network: You pay 30% coinsurance. The plan will reimburse maximum \$3,000 for out-of- network (POS) services per calendar year. You pay \$0 copayment per service.	In-Network: You pay \$35 copayment Out-of- Network: You pay 30% coinsurance. The plan will reimburse maximum \$3,000 for out-of- network (POS) services per calendar year. You pay \$0 copayment per service.	Does not include routine services in connection with care, replacement of teeth, treatment, filling, or removal. Medicare only covers limited dental procedures under specific conditions. For each service, we pay up to an annual allowance. Includes up to 2 cleaning(s), dental x-ray(s), and oral exam(s) per year

Premiums and Benefits Dental Services (continued) Annual Allowance	Medicare Blue Choice® Value Plus (HMO-POS) \$1,000 per calendar year for in and out of	Medicare Blue Choice® Optimum (HMO-POS) \$1,000 per calendar year for in and out of	Medicare Blue Choice® Freedom (HMO-POS) \$1,000 per calendar year for in and out of	You will be responsible for the additional
	network benefits (services above the limit are your responsibility).	network benefits (services above the limit are your responsibility).	network benefits (services above the limit are your responsibility).	cost if your provider does not participate in the Plan's network
Restorative (e.g., restorations) Periodontics (e.g., scaling) Oral Surgery (e.g., extractions) Endodontics (e.g.,	In-Network: You pay \$0 copayment per service. Out-of- Network: You pay \$0	In-Network: You pay \$0 copayment per service. Out-of- Network: You pay \$0	In-Network: You pay \$0 copayment per service. Out-of- Network: You pay \$0	and charges more than the annual allowance. The annual allowance does not apply to preventive services.
root canal) Prosthodontics (e.g., select crowns, dentures, and bridges) Prosthetic Maintenance (e.g., denture or bridge repairs)	copayment per service.	copayment per service.	copayment per service.	See the Evidence of Coverage for more information. Limited to specific dental codes Exclusions apply, for example tooth implants are not covered.
Vision Services Diagnostic/ Treatment Exam	In-Network: You pay \$45 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a max of \$3,000 for out- of-network (POS) services per calendar year.	In-Network: You pay \$40 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a max of \$3,000 for out- of-network (POS) services per calendar year.	In-Network: You pay \$40 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a max of \$3,000 for out- of-network (POS) services per calendar year.	
Routine Eye Exam	In-Network: You pay \$45 copayment. Out-of- Network: Not covered.	In-Network: You pay \$40 copayment. Out-of- Network: Not covered.	In-Network: You pay \$40 copayment. Out-of- Network: Not covered.	One routine eye exam each year.

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Vision Services	In-Network:	In-Network:	In-Network:	
(continued)	You pay \$30	You pay \$30	You pay \$35	
Eyeglasses or	copayment.	copayment.	copayment.	
Contacts after	Out-of-	Out-of-	Out-of-	
Cataract Surgery	Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	
Routine Eyewear Allowance	\$200 annual allowance	\$275 annual allowance	\$250 annual allowance	Allowance towards purchase of contact lenses and eyeglasses (frames and lenses).
Mental Health Services Inpatient Visit	In-Network: You pay \$325 copayment per day for days 1-5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay \$285 copayment per day for days 1-5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay \$260 copayment per day for days 1-5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	Benefit applied per admission. Prior authorization is required. Covers up to 190 days lifetime for inpatient mental health care at a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental health services provided in a psychiatric unit of a general hospital. See the Evidence of Coverage for more information.

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Mental Health	In-Network:	In-Network:	In-Network:	
Services	You pay 20%.	You pay 20%.	You pay \$0.	
(continued)	Out-of-	Out-of-	Out-of-	
Individual and	Network:	Network:	Network:	
Group Outpatient	You pay 30% per	You pay 30% per	You pay 30% per	
Therapy Visit	visit. The plan will	visit. The plan will	visit. The plan will	
	reimburse	reimburse	reimburse	
	maximum \$3,000	maximum \$3,000	maximum \$3,000	
	for out-of-	for out-of-	for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Skilled Nursing	In-Network:	In-Network:	In-Network:	Prior
Facility	You pay \$0	You pay \$0	You pay \$0	Authorization is
	copayment for	copayment for	copayment for	required. We
	days 1 to 20. You	days 1 to 20. You	days 1 to 20. You	cover up to 100
	pay a \$214	pay a \$214	pay a \$214	days in a Skilled
	copayment per	copayment per	copayment per	Nursing Facility.
	day for days 21	day for days 21	day for days 21	
	through 100.	through 100.	through 100.	
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%.	You pay 30%.	You pay 30%.	
	The plan will	The plan will	The plan will	
	reimburse	reimburse	reimburse	
	maximum	maximum	maximum	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Physical	In-Network:	In-Network:	In-Network:	Prior
Therapy	You pay \$30	You pay \$30	You pay \$35	Authorization may
	copayment.	copayment.	copayment.	be required.
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%.	You pay 30%.	You pay 30%.	
	The plan will	The plan will	The plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Ambulance	You pay \$225	You pay \$150	You pay \$150	Prior
	copayment.	copayment.	copayment.	Authorization may
				be required.
Transportation	Not Covered.	12 one-way trips	12 one-way trips	
		to a health-	to a health-	
		related location	related location	
		through SafeRide.	through SafeRide.	
		Various modes of	Various modes of	
		transportation are	transportation are	
		available based	available based	
		on your needs. There will be a	on your needs. There will be a	
		limit of 50 miles	limit of 50 miles	
		per one-way ride.	per one-way ride.	
Medicare Part B	In-Network:	In-Network:	In-Network:	Prior
Drugs	You pay 20%	You pay 20%	You pay 20%	Authorization may
	coinsurance.	coinsurance.	coinsurance.	be required.
	Out-of-	Out-of-	Out-of-	Part B drugs may
	Network: You	Network: You	Network: You	be subject to step
	pay 30%	pay 30%	pay 30%	therapy
	coinsurance.	coinsurance.	coinsurance.	requirements.
	The plan will	The plan will	The plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Part B Insulin	In-Network:	In-Network:	In-Network:	For Part B
used in a	You pay \$35	You pay \$35	You pay \$35	chemotherapy
traditional	copayment.	copayment.	copayment.	drugs, the
insulin pump	Out-of-	Out-of-	Out-of-	baseline cost
	Network:	Network:	Network:	sharing is 20%
	You pay \$35	You pay \$35	You pay \$35	with a 0-20%
	copayment.	copayment.	copayment.	range for drugs
				impacted by the
				Inflation Rebate
				Program. Drugs
				and cost can
				change quarterly.

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice®	Choice®	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
DL		on Drugs		
	ase 1: Initial Cover	_	Not Covered	
	ary depending on th			
-	hase of the Part D be	-		
information.	e the Evidence of Co	iverage for more		
Deductible	This plan does	This plan does	Not Covered	
Deductible	not have a	not have a	Not Covered	
	deductible.	deductible.		
Tier 1:	Preferred	Preferred	Not Covered	
Preferred	Pharmacy	Pharmacy	140t Covered	
Generic	30-day supply:	30-day supply:		
	You pay \$0	You pay \$0		
	Standard	Standard		
	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay \$5	You pay \$5		
	Preferred	Preferred		
	Pharmacy/Mail	Pharmacy/Mail		
	Order	Order		
	90-day supply:	90-day supply:		
	You pay \$0	You pay \$0		
	Standard	Standard		
	Pharmacy	Pharmacy		
	90-day supply:	90-day supply:		
	You pay \$10	You pay \$10		
Tier 2:	Preferred	Preferred	Not Covered	
Generic	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay \$15	You pay \$12		
	Standard	Standard		
	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay \$20	You pay \$17		
	Preferred	Preferred		
	Pharmacy/Mail	Pharmacy/Mail		
	Order	Order		
	90-day supply:	90-day supply:		
	You pay \$30	You pay \$24		
	Standard	Standard		
	Pharmacy	Pharmacy		
	90-day supply:	90-day supply:		
	You pay \$40	You pay \$34		

Premiums and Benefits	Medicare Blue Choice® Value Plus (HMO-POS)	Medicare Blue Choice® Optimum (HMO-POS)	Medicare Blue Choice® Freedom (HMO-POS)	What You Should Know
Tier 3:	Preferred	Preferred	Not Covered	
Preferred Brand	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay \$42	You pay \$42		
	Standard	Standard		
	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay \$47	You pay \$47		
	Preferred	Preferred		
	Pharmacy/Mail	Pharmacy/Mail		
	Order	Order		
	90-day supply:	90-day supply:		
	You pay \$84	You pay \$84		
	Standard	Standard		
	Pharmacy	Pharmacy		
	90-day supply: You pay \$94	90-day supply: You pay \$94		
	Tou pay \$34	Tou pay \$94		
	Insulin,	Insulin,		Insulin costs will
	Preferred	Preferred		remain the same
	Pharmacy	Pharmacy		through the
	30-day supply:	30-day supply:		deductible, initial
	You pay \$25	You pay \$25		and coverage gap
	Insulin,	Insulin,		phases of the Part
	Standard	Standard		D benefit.
	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay \$30	You pay \$30		
	Insulin,	Insulin,		
	Preferred	Preferred		
	Pharmacy	Pharmacy		
	Or Mail Order	Or Mail Order		
	90-day supply:	90-day supply:		
	You pay \$50	You pay \$50		
	Insulin,	Insulin,		
	Standard	Standard		
	Pharmacy	Pharmacy		
	90-day supply:	90-day supply:		
	You pay \$60	You pay \$60		
l				

Premiums and Benefits	Medicare Blue Choice® Value Plus (HMO-POS)	Medicare Blue Choice® Optimum (HMO-POS)	Medicare Blue Choice® Freedom (HMO-POS)	What You Should Know
Tier 4: Non-Preferred Drug		· -		Insulin costs will remain the same through the deductible, initial and coverage gap phases of the Part D benefit.
	You pay \$60	You pay \$60		

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Tier 5:	Preferred	Preferred	Not Covered	
Specialty	Pharmacy	Pharmacy		
. ,	30-day supply:	30-day supply:		
	You pay 33%	You pay 33%		
	Standard	Standard		
	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay 33%	You pay 33%		
	Preferred	Preferred		
	Pharmacy/Mail	Pharmacy/Mail		
	Order	Order		
	90-day supply:	90-day supply:		
	You pay 33%	You pay 33%		
	Standard	Standard		
	Pharmacy	Pharmacy		
	90-day supply:	90-day supply:		
	You pay 33%	You pay 33%		
	Insulin,	Insulin,		Insulin costs will
	Preferred	Preferred		remain the same
	Pharmacy	Pharmacy		through the
	30-day supply:	30-day supply:		deductible, initial
	You pay \$25	You pay \$25		and coverage gap
	Insulin,	Insulin,		phases of the Part
	Standard	Standard		D benefit.
	Pharmacy	Pharmacy		
	30-day supply:	30-day supply:		
	You pay \$30	You pay \$30		
	Insulin,	Insulin,		
	Preferred	Preferred		
	Pharmacy	Pharmacy		
	Or Mail Order	Or Mail Order		
	90-day supply:	90-day supply:		
	You pay \$50	You pay \$50		
	Insulin,	Insulin,		
	Standard	Standard		
	Pharmacy	Pharmacy		
	90-day supply:	90-day supply:		
	You pay \$60	You pay \$60		

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice®	Choice®	Should Know
	Plus	Optimum (HMO-POS)	Freedom	
Phase	(HMO-POS) 2: Catastrophic Co		(HMO-POS) Not Covered	
	paid \$2,000 during	_	Not Covered	
_	uctible, copayments,	•		
-	astrophic coverage s	-		
_	d brand drugs. You			
-	erage stage for the re			
1 -	1 of the following ye	· •		
agai	n in the deductible p			
	1	Additional Benefit	S	
Over the	You have \$50	You have \$50	You have \$50	Non-prescription
counter (OTC)	every quarter to	every quarter to	every quarter to	OTC health
Items	spend on plan-	spend on plan-	spend on plan-	related items like
	approved OTC	approved OTC	approved OTC	vitamins are
	items.	items.	items.	covered. Visit
				ExcellusMedicare
Acupuncture	You pay 50%	You pay 50%	You pay 50%	.com for details. For up to 10 visits
Acupuncture	coinsurance	coinsurance	coinsurance	per calendar year
	combarance	Combarance	Combarance	or up to 20 visits
				per calendar year
				for chronic lower
				back pain.
Meals	Not Covered.	Up to two home-	Up to two home-	Available after an
		delivered meals	delivered meals	inpatient hospital,
		per day for 7-	per day for 7-	hospital
		days.	days.	observation, or
				Skilled Nursing Facility stay.
Rehabilitation	In-Network:	In-Network:	In-Network:	Prior
Services	You pay \$30	You pay \$30	You pay \$35	Authorization may
Occupational	copayment.	copayment.	copayment.	be required.
Therapy Visit	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse a maximum of	reimburse a maximum of	reimburse a maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
	, -	, -	, -	

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice ®	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Rehabilitation				
Services	In-Network:	In-Network:	In-Network:	Prior
(continued)	You pay \$30	You pay \$30	You pay \$35	Authorization may
Speech and	copayment.	copayment.	copayment.	be required.
Language	Out-of-	Out-of-	Out-of-	
Therapy Visit	Network: You	Network: You	Network: You	
	pay 30%	pay 30%	pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per calendar year.	services per calendar year.	
	calendar year.	,	,	
Cardiac	In-Network:	In-Network:	In-Network:	
rehabilitation	You pay \$0	You pay \$0	You pay \$0	
Services	copayment.	copayment.	copayment.	
	Out-of-	Out-of-	Out-of-	
	Network: You	Network: You	Network: You	
	pay 30% coinsurance. The	pay 30% coinsurance. The	pay 30% coinsurance. The	
	plan will	plan will	plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Foot Care	In-Network:	In-Network:	In-Network:	
(Podiatry	You pay \$30	You pay \$30	You pay \$35	
Services)	copayment.	copayment.	copayment.	
Diagnostic Exams	Out-of-	Out-of-	Out-of-	
and Treatment	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per calendar year.	services per calendar year.	services per calendar year.	
	Calciluai yeai.	Laichuai year.	Calciluai yeai.	

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice [®]	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Foot Care	In-Network:	In-Network:	In-Network:	Foot exams and
(Podiatry	You pay \$30	You pay \$30	You pay \$35	treatment are
Services)	copayment.	copayment.	copayment.	covered if you
(continued)	Out-of-	Out-of-	Out-of-	have Diabetes-
Routine Foot Care	Network: You	Network: You	Network: You	related nerve
	pay 30%	pay 30%	pay 30%	damage and/or
	coinsurance. The	coinsurance. The	coinsurance. The	meet certain
	plan will	plan will	plan will	conditions.
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Medical	In-Network:	In-Network:	In-Network:	Prior
Equipment/	You pay 20%	You pay 20%	You pay 20%	Authorization is
Supplies	coinsurance.	coinsurance.	coinsurance.	required for
Durable Medical	Out-of-	Out-of-	Out-of-	Durable Medical
Equipment	Network:	Network:	Network:	Equipment.
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance.	coinsurance.	coinsurance.	
	The plan will	The plan will	The plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Prosthetics (e.g.,	In-Network:	In-Network:	In-Network:	Prior
Braces, Artificial	You pay 20%	You pay 20%	You pay 20%	Authorization is
Limbs and related	coinsurance.	coinsurance.	coinsurance.	required for
supplies)	Out-of-	Out-of-	Out-of-	Prosthetics.
	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	

Premiums and Benefits	Medicare Blue Choice® Value Plus (HMO-POS)	Medicare Blue Choice® Optimum (HMO-POS)	Medicare Blue Choice® Freedom (HMO-POS)	What You Should Know
Medical Equipment/ Supplies (continued) Diabetes monitoring supplies	In-Network: You pay \$5 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay \$5 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay \$5 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	Abbott Diabetes Care is the preferred supplier for Diabetic Monitoring supplies. Your provider must get an approval from the plan before we'll pay for supplies from a non- preferred manufacturer.
Diabetes self- management training	In-Network: You pay a \$0 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay a \$0 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay a \$0 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	manuracturer.
Therapeutic shoes or inserts	In-Network: You pay 20% coinsurance. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a max \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay 20% coinsurance. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a max \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay 20% coinsurance. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a max \$3,000 for out-of- network (POS) services per calendar year.	For people with Diabetes who have severe diabetic foot disease. See the Evidence of Coverage for more information.

Premiums and	Medicare Blue	Medicare Blue	Medicare Blue	What You
Benefits	Choice® Value	Choice ®	Choice [®]	Should Know
	Plus	Optimum	Freedom	
	(HMO-POS)	(HMO-POS)	(HMO-POS)	
Wellness	You pay a \$0	You pay a \$0	You pay a \$0	Please see your
Programs	annual fee for	annual fee for	annual fee for	Evidence of
Fitness	Silver&Fit	Silver&Fit	Silver&Fit	Coverage for
	participating	participating	participating	more details.
	fitness centers.	fitness centers.	fitness centers.	Limitations and
				restrictions may
	You pay a \$0	You pay a \$0	You pay a \$0	apply.
	annual fee for one	annual fee for one	annual fee for one	
	Silver&Fit Home	Silver&Fit Home	Silver&Fit Home	
	Kit per calendar	Kit per calendar	Kit per calendar	
	year.	year.	year.	
Remote Access	Contact a nurse	Contact a nurse	Contact a nurse	Intended to help
	Contact a nurse	Contact a nurse	Contact a nurse	Intended to help
Technology	24 hours a day, 7 days a week at	24 hours a day, 7 days a week at	24 hours a day, 7 days a week at	educate, not replace the advice
	1-800-348-9786	1-800-348-9786	1-800-348-9786	of a medical
	(TTY 711).	(TTY 711).	(TTY 711).	professional.
Health	` '		,	•
Education:	You pay a \$0	You pay a \$0	You pay a \$0	The program is offered virtually
Chronic Kidney	copayment. Members who	copayment. Members who	copayment. Members who	and in-person.
Disease	have stage 4 or 5	have stage 4 or 5	have stage 4 or 5	and in-person.
Disease	chronic kidney	chronic kidney	chronic kidney	
	disease are offered	disease are offered		
	a multi-disciplinary	a multi-disciplinary		
	care team, to help	care team, to help	care team, to help	
	navigate medical	navigate medical	navigate medical	
	care and follow a	care and follow a	care and follow a	
	treatment plan.	treatment plan.	treatment plan.	
Health	You pay a \$0	You pay a \$0	You pay a \$0	The Plan will
Education:	copayment.	copayment.	copayment.	contact members
Muscular	Members with a	Members with a	Members with a	who are eligible
Skeleton	muscular skeletal	muscular skeletal	muscular skeletal	for the program.
Disease	condition which	condition which	condition which	Services will be
	physical therapy	physical therapy	physical therapy	provided virtually
	might improve,	might improve,	might improve,	or over-the-
	may be eligible for	may be eligible for	may be eligible for	phone.
	physical therapy,	physical therapy,	physical therapy,	
	health coaching,	health coaching,	health coaching,	
	and dietary	and dietary	and dietary	
	counselling.	counselling.	counselling.	

Premiums and Benefits	Medicare Blue Choice® Value Plus (HMO-POS)	Medicare Blue Choice® Optimum (HMO-POS)	Medicare Blue Choice® Freedom (HMO-POS)	What You Should Know
Routine Annual	In-Network:	In-Network:	In-Network:	One annual
Physical Exam	You pay \$0	You pay \$0	You pay \$0	routine physical
,	copayment.	copayment.	copayment.	exam each
	Out-of-	Out-of-	Out-of-	calendar year.
	Network:	Network:	Network:	, , ,
	Not covered.	Not covered.	Not covered.	
Immunizations	In-Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines.	In-Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines.	In-Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines.	
	You pay 20% coinsurance for all other Medicare-Part B covered immunizations.	You pay 20% coinsurance for all other Medicare-Part B covered immunizations.	You pay 20% coinsurance for all other Medicare-Part B covered immunizations.	
	Out-of- Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines.	Out-of- Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines.	Out-of- Network: You pay \$0 copayment for the flu, pneumonia, and COVID-19 vaccines.	
	For all other Medicare-Part B covered immunizations, you pay 30% coinsurance. The plan will reimburse a max of \$3,000 for out- of-network (POS) services per calendar year.	For all other Medicare-Part B covered immunizations, you pay 30% coinsurance. The plan will reimburse a max of \$3,000 for out- of-network (POS) services per calendar year.	For all other Medicare-Part B covered immunizations, you pay 30% coinsurance. The plan will reimburse a max of \$3,000 for out- of-network (POS) services per calendar year.	

Premiums and Benefits	Medicare Blue Choice® Value Plus (HMO-POS)	Medicare Blue Choice® Optimum (HMO-POS)	Medicare Blue Choice® Freedom (HMO-POS)	What You Should Know
Telehealth Primary	You pay \$0 copayment.	You pay \$0 copayment.	You pay \$5 copayment.	For non- emergency medical issues only. Contact a
Specialists	You pay \$30 copayment.	You pay \$30 copayment.	You pay \$35 copayment.	network doctor by phone or secure
Behavioral Health visit	You pay 20% coinsurance.	You pay 20% coinsurance.	You pay \$0 copayment	video using your computer or mobile device.
MDLive visit	You pay \$0 copayment.	You pay \$0 copayment.	You pay \$5 copayment.	Telehealth doctors can prescribe
MDLive Behavioral Health visit	You pay \$30 copayment.	You pay \$30 copayment.	You pay \$35 copayment.	medication and diagnose symptoms.
Out-of-Network	Not covered	Not covered	Not covered	Services from MDLive available 24 hour a day, 7 days a week.
Chiropractic	In-Network: You pay \$15 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay \$15 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	In-Network: You pay \$15 copayment. Out-of- Network: You pay 30% coinsurance. The plan will reimburse a maximum of \$3,000 for out-of- network (POS) services per calendar year.	We only cover manual manipulation of the spine to correct a subluxation (when 1 or more of the bones in your spine move out of position).
Home Health Care	In-Network: You pay \$0 copayment.	In-Network: You pay \$0 copayment.	In-Network: You pay \$0 copayment.	Prior Authorization is required.

Premiums and Benefits	Medicare Blue Choice® Value Plus (HMO-POS)	Medicare Blue Choice® Optimum (HMO-POS)	Medicare Blue Choice® Freedom (HMO-POS)	What You Should Know
Home Health	Out-of-	Out-of-	Out-of-	
Care	Network:	Network:	Network:	
(continued)	You pay 30%	You pay 30%	You pay 30%	
	coinsurance. The	coinsurance. The	coinsurance. The	
	plan will	plan will	plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS)	
	services per	services per	services per	
	calendar year.	calendar year.	calendar year.	
Outpatient	In-Network:	In-Network:	In-Network:	
Dialysis	You pay 20%	You pay 20%	You pay 20%	
Services	coinsurance.	coinsurance.	coinsurance.	
	Out-of-	Out-of-	Out-of-	
	Network:	Network:	Network:	
	You pay 20%	You pay 20%	You pay 20%	
	coinsurance.	coinsurance.	coinsurance.	
Outpatient	In-Network:	In-Network:	In-Network:	Prior
Substance	You pay 20%	You pay 20%	You pay \$0	Authorization may
Abuse Services	coinsurance.	coinsurance.	copayment.	be required for
Individual and				some services.
Group therapy	Out-of-	Out-of-	Out-of-	
visit	Network:	Network:	Network:	
	You pay 30%	You pay 30%	You pay 30%	
	coinsurance per	coinsurance per	coinsurance per	
	visit. The plan will	visit. The plan will	visit. The plan will	
	reimburse a	reimburse a	reimburse a	
	maximum of	maximum of	maximum of	
	\$3,000 for out-of-	\$3,000 for out-of-	\$3,000 for out-of-	
	network (POS)	network (POS)	network (POS).	
		services per		
		calendar year.		

Multi-Language Insert Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-883-9577 (TTY: 1-800-662-1220). Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-883-9577 (TTY: 1-800-662-1220). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如您需要此翻译服务,请致电 1-877-883-9577 (TTY: 1-800-662-1220)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-877-883-9577 (TTY: 1-800-662-1220)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-883-9577 (TTY: 1-800-662-1220). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-883-9577 (TTY: 1-800-662-1220). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-877-883-9577 (TTY: 1-800-662-1220) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí .

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-883-9577 (TTY: 1-800-662-1220). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Y0028_2971f_C B-8131 Rev. 08/2023

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-883-9577 (TTY: 1-800-662-1220)번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-883-9577 (ТТҮ: 1-800-662-1220). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY: 1-800-662-1220) 9577-883-78-1. سيقوم شخص ما بتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-877-883-9577 (TTY: 1-800-662-1220)पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-883-9577 (TTY: 1-800-662-1220). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-883-9577 (TTY: 1-800-662-1220). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-877-883-9577 (TTY: 1-800-662-1220). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-883-9577 (TTY: 1-800-662-1220). Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため に、無料の通訳サービスがありますございます。通訳をご用命になるには、1-877-883-9577 (TTY: 1-800-662-1220)にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサービスです。

Y0028_2971f_C B-8131 A11y IH 08/24/2023 Rev. 08/2023

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a representative at 1-800-659-1986.

Understanding the Benefits

	The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit ExcellusMedicare.com or call 1-800-659-1986 to view a copy of the EOC.
	Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services that you routinely see a doctor. Visit ExcellusMedicare.com or call 1-800-659-1986 to request a copy of the EOC.
	Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the formulary to make sure your drugs are covered.
Unde	erstanding Important Rules
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
	Benefits, premiums and/or copayments/coinsurance may change on January 1, 2026.
	Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory). However, the Point-of-Service (POS) benefit does allow you to use providers that are not in our network for some services. Check the EOC for more information.
	Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.

Excellus BlueCross BlueShield contracts with the Federal Government and is an HMO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal.