



A nonprofit independent licensee of the Blue Cross Blue Shield Association

2023 SUMMARY OF BENEFITS
January 1, 2023 – December 31, 2023

Medicare BlueActive (PPO) (H3335-055)
Medicare BlueEssential (PPO) (H3335-053)
Medicare BlueFlex (PPO) (H3335-058)

This is a summary of drug and health services covered by Excellus BlueCross BlueShield.

Excellus BlueCross BlueShield contracts with the Federal Government and is a PPO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the "Evidence of Coverage" by calling us at the telephone numbers on the next page.

To join **Medicare BlueActive (PPO), Medicare BlueEssential (PPO), or Medicare BlueFlex (PPO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in New York: Broome, Cayuga, Chemung, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, Schuyler, St. Lawrence, Steuben, Tioga, and Tompkins.

Medicare BlueActive (PPO), Medicare BlueEssential (PPO), and Medicare BlueFlex (PPO), have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers in our network, you may pay less for your covered services. But if you want to, you can use providers that are not in our network.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

If you want to know more about the coverage and costs of Original Medicare, look in your current **"Medicare & You"** handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille and large print.

This information is not a complete description of benefits. Call us at one of the phone numbers listed on the next page for more information.

If you are a member of one of these plans: Call toll-free at 1-877-883-9577 (TTY users call 1-800-662-1220). From October 1 to March 31, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m.

If you are not a member of one of these plans: Call toll-free at 1-800-659-1986 (TTY users call 1-800-662-1220). From October 1 to March 31, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m.

You can also visit us at ExcellusMedicare.com.

You can see our plan's provider and/or pharmacy directory at our website at ExcellusMedicare.com/Providers. Or call us and we will send you a copy of the directory.

For Medicare BlueActive (PPO), Medicare BlueEssential (PPO), and Medicare BlueFlex (PPO), we cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website at ExcellusMedicare.com/Formulary. Or call us and we will send you a copy of our formulary.

This information is not a complete description of benefits. Call 1-800-659-1986 (TTY users call 1-800-662-1220) for more information.

Out-of-network/non-contracted providers are under no obligation to treat Excellus BlueCross BlueShield members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Convey is an independent company offering OTC benefits in the Excellus BCBS service area.

The Silver&Fit® Program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). ASH is an independent company.

TruHearing® is an independent company offering a network of audiologists and hearing aid providers.

LBS is an independent company. LBS is the administrator for the flex card benefit to be used for hearing, dental and vision after medical benefit is used.

MDLive® is an independent company, offering telehealth services in the Excellus BCBS service area.

Mom's Meals® is an independent company that provides home delivered meals and nutritional services to Excellus BCBS members.

SafeRide® is an independent company, offering transportation services in the Excellus BCBS service area.

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Monthly Plan Premium	You pay \$0 per month.	You pay \$0 per month.	You pay \$19 per month.	You must continue to pay your Medicare Part B premium.
Part B Premium Reduction	\$42 reduction of the monthly premium you pay to the Social Security Administration.	Not applicable.	Not applicable.	
Deductible	\$350 per year for prescription drugs on Tiers 3, 4 and 5. This plan does not have a medical deductible.	\$150 per year for prescription drugs on Tiers 3, 4 and 5. This plan does not have a medical deductible.	\$275 per year for prescription drugs on Tiers 3, 4 and 5. This plan does not have a medical deductible.	
Maximum Out-of-Pocket Responsibility (Does not include prescription drugs.)	\$7,900 for medical services you receive from In-Network providers. \$11,300 for medical services from In-Network and Out-of-Network providers combined.	\$7,900 for medical services you receive from In-Network providers. \$11,300 for medical services from In-Network and Out-of-Network providers combined.	\$7,900 for medical services you receive from In-Network providers. \$11,700 for medical services from In-Network and Out-of-Network providers combined.	The most you pay in copayments/ coinsurance for medical services for the year.
Inpatient Hospital Coverage	In-Network: You pay \$400 copayment per day for days 1 to 5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.	In-Network: You pay \$350 copayment per day for days 1 to 5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.	In-Network: You pay \$375 copayment per day for days 1 to 5. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.	Prior Authorization is required. Our plan covers an unlimited number of days for an inpatient hospital stay. Benefit applied per admission.

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Inpatient Hospital Coverage (continued)	Out-of-Network: You pay \$435 copayment per day for days 1 through 28. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.	Out-of-Network: You pay \$435 copayment per day for days 1 through 28. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.	Out-of-Network: You pay \$435 copayment per day for days 1 through 28. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.	
Outpatient Hospital Coverage	In-Network: You pay \$350 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$280 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$300 copayment. Out-of-Network: You pay 30% coinsurance.	Prior Authorization is required.
Ambulatory Surgery Center	In-Network: You pay \$350 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$280 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$300 copayment. Out-of-Network: You pay 30% coinsurance.	Prior Authorization is required.
Doctor Visits Primary	In-Network: You pay \$5 copayment. Out-of-Network: You pay \$25 copayment.	In-Network: You pay \$0 copayment. Out-of-Network: You pay \$25 copayment.	In-Network: You pay \$5 copayment. Out-of-Network: You pay \$20 copayment.	
Doctor Visits Specialists	In-Network: You pay \$40 copayment. Out-of-Network: You pay \$60 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$60 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment.	

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
<p>Preventive Care</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay \$0 copayment or 30% coinsurance depending on the service.</p> <p>Any additional preventive services approved by Medicare during the contract year will be covered.</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay \$0 copayment or 30% coinsurance depending on the service.</p> <p>Any additional preventive services approved by Medicare during the contract year will be covered.</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay \$0 copayment or 30% coinsurance depending on the service.</p> <p>Any additional preventive services approved by Medicare during the contract year will be covered.</p>	<p>See the Evidence of Coverage for a list of covered preventive services. If you are treated for a new or existing medical condition during a visit where a preventive screening is performed, an office visit copayment or coinsurance will apply to the care received for the new or existing medical condition.</p>
<p>Emergency Care</p>	<p>You pay \$95 copayment.</p>	<p>You pay \$95 copayment.</p>	<p>You pay \$95 copayment.</p>	<p>If you are admitted to the hospital within 23 hours, you do not have to pay your share of the cost for emergency care.</p>
<p>Urgently Needed Services</p>	<p>You pay \$60 copayment.</p>	<p>You pay \$50 copayment.</p>	<p>You pay \$60 copayment.</p>	
<p>Diagnostic Services/Labs/Imaging</p> <p>Diagnostic Radiology Service (e.g., MRI, CT scans)</p>	<p>In-Network: You pay \$300 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$175 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$300 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
<p>Diagnostic Services/Labs/Imaging (continued)</p> <p>Lab Services - Diagnostics</p> <p>Diagnostic Tests and Procedures</p> <p>X-Rays</p> <p>Therapeutic Radiology (such as radiation treatment for cancer)</p>	<p>In-Network: You pay \$15 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$15 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$60 copayment.</p> <p>Out-of-Network: You pay \$70 copayment.</p> <p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$50 copayment.</p> <p>Out-of-Network: You pay \$60 copayment.</p> <p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$1 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$1 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>In-Network: You pay \$60 copayment.</p> <p>Out-of-Network: You pay \$70 copayment</p> <p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>Prior Authorization is required for some services. Contact us for more information.</p>
<p>Hearing Services</p> <p>Diagnostic Hearing Exam</p>	<p>In-Network: You pay \$40 copayment.</p> <p>Out-of-Network: You pay \$60 copayment.</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay \$60 copayment.</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay \$50 copayment.</p>	

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
<p>Hearing Services (continued)</p> <p>Routine Hearing Exam</p> <p>Hearing Aids</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: Not covered.</p> <p>In-Network: \$499 copay per aid for Advanced Aids. \$799 copay per aid for Premium Aids. \$50 additional cost per aid for optional hearing aid rechargeability.</p> <p>Out-of-Network: Not covered.</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: Not covered.</p> <p>In-Network: \$499 copay per aid for Advanced Aids. \$799 copay per aid for Premium Aids. \$50 additional cost per aid for optional hearing aid rechargeability.</p> <p>Out-of-Network: Not covered.</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: Not covered.</p> <p>In-Network: \$499 copay per aid for Advanced Aids. \$799 copay per aid for Premium Aids. \$50 additional cost per aid for optional hearing aid rechargeability.</p> <p>Out-of-Network: Not covered.</p>	<p>One routine hearing exam each year. You must see a TruHearing provider. This copayment not included in the Out-of-Pocket Maximum.</p> <p>Hearing Aids from TruHearing Providers only. This copayment not included in the Out-of-Pocket Maximum.</p>
<p>Dental Services</p> <p>Medicare covered limited dental services</p> <p>Preventive dental services: Cleaning, Dental x-ray(s), and Oral Exam(s) Up to 2 per year</p> <p>Annual Allowance</p>	<p>In-Network: You pay \$40 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>You pay \$0 copayment per service.</p> <p>\$1,000 per calendar year for in and out of network benefits (services above the limit are your responsibility).</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>You pay \$0 copayment per service.</p> <p>\$1,000 per calendar year for in and out of network benefits (services above the limit are your responsibility).</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p> <p>You pay \$0 copayment per service.</p> <p>\$1,000 per calendar year for in and out of network benefits (services above the limit are your responsibility).</p>	<p>This does not include routine services in connection with care, treatment, filling, removal, or replacement of teeth. Medicare only covers certain limited dental procedures under specific conditions.</p> <p>The Plan will pay up to the annual allowance for each service covered.</p>

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
<p>Dental Services (continued) Restorative (e.g., restorations) Periodontics (e.g., scaling) Oral Surgery (e.g., extractions) Endodontics (e.g., root canal) Prosthodontics (e.g., select crowns, dentures, and bridges) Prosthetic Maintenance (e.g., denture or bridge repairs)</p>	<p>In-Network: You pay \$0 copayment per service. Out-of-Network: You pay \$0 copayment per service.</p>	<p>In-Network: You pay \$0 copayment per service. Out-of-Network: You pay \$0 copayment per service.</p>	<p>In-Network: You pay \$0 copayment per service. Out-of-Network: You pay \$0 copayment per service.</p>	<p>If your provider does not participate in the Plan's network and charges more than the annual allowance, you will be responsible for the additional cost. The annual allowance does not apply to preventive services. See the Evidence of Coverage for more information. Limited to specific dental codes (exclusions apply).</p>
<p>Vision Services Diagnostic/Treatment Exam Routine Eye Exam</p>	<p>In-Network: You pay \$0 copayment. Out-of-Network: You pay \$60 copayment. In-Network: You pay \$0 copayment. Out-of-Network: You pay \$60 copayment.</p>	<p>In-Network: You pay \$0 copayment. Out-of-Network: You pay \$60 copayment. In-Network: You pay \$0 copayment. Out-of-Network: You pay \$60 copayment.</p>	<p>In-Network: You pay \$0 copayment. Out-of-Network: You pay \$50 copayment. In-Network: You pay \$0 copayment. Out-of-Network: You pay \$50 copayment.</p>	<p>One routine eye exam each year.</p>

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
<p>Vision Services (continued) Eyeglasses or Contacts after Cataract Surgery</p> <p>Routine Eyewear Allowance</p>	<p>In-Network: You pay \$40 copayment.</p> <p>Out-of-Network: You pay \$60 copayment.</p> <p>\$250 Allowance every year towards purchase of contact lenses and eyeglasses (frames and lenses).</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay \$60 copayment.</p> <p>\$150 Allowance every year towards purchase of contact lenses and eyeglasses (frames and lenses).</p>	<p>In-Network: You pay \$35 copayment.</p> <p>Out-of-Network: You pay \$50 copayment.</p> <p>\$200 Allowance every year towards purchase of contact lenses and eyeglasses (frames and lenses).</p>	
<p>Mental Health Services</p> <p>Inpatient Visit</p> <p>Inpatient Visit</p>	<p>In-Network: You pay \$374 copayment per day for days 1-5.</p> <p>You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p> <p>Out-of-Network: You pay \$410 copayment per day for days 1 through 28. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p>	<p>In-Network: You pay \$315 copayment per day for days 1-5.</p> <p>You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p> <p>Out-of-Network: You pay \$410 copayment per day for days 1 through 28. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p>	<p>In-Network: You pay \$315 copayment per day for days 1-5.</p> <p>You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p> <p>Out-of-Network: You pay \$410 copayment per day for days 1 through 28. You pay \$0 copayment for additional Medicare-covered days during your hospital admission.</p>	<p>Prior authorization is required. Benefit is applied per admission.</p> <p>Covers up to 190 days lifetime for inpatient mental health care at a psychiatric hospital.</p> <p>The inpatient hospital care limit does not apply to inpatient mental health services provided in a psychiatric unit of a general hospital.</p> <p>See the Evidence of Coverage for more information.</p>

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Mental Health Services (Continued) Individual and Group Outpatient Therapy Visit	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	Prior Authorization may be required for some services.
Skilled Nursing Facility	In-Network: You pay \$0 copayment for days 1 through 20. You pay a \$196 copayment per day for days 21 through 100. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$0 copayment for days 1 through 20. You pay a \$196 copayment per day for days 21 through 100. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$0 copayment for days 1 through 20. You pay a \$196 copayment per day for days 21 through 100. Out-of-Network: You pay 30% coinsurance.	Prior Authorization is required. We cover up to 100 days in a Skilled Nursing Facility.
Physical Therapy	In-Network: You pay \$40 copayment. Out-of-Network: You pay \$50 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment.	Prior Authorization may be required.
Ambulance	You pay \$300 copayment.	You pay \$250 copayment.	You pay \$305 copayment.	Prior Authorization may be required.
Transportation	Not Covered.	Not Covered.	12 one-way trips to a health-related location through SafeRide. Various modes of transportation are available based on your needs. There will be a limit of 50 miles per one-way ride.	

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Medicare Part B Drugs	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	Prior Authorization may be required. Part B drugs may be subject to step therapy requirements.
Medicare Part D Prescription Drugs				
Phase 1: Initial Coverage	Cost-sharing may vary depending on the pharmacy you choose and what phase of the Part D benefit you are in. Please call us or see the Evidence of Coverage for more information.			
Deductible	\$350 per year for prescription drugs on Tiers 3, 4 and 5. This plan does not have a medical deductible.	\$150 per year for prescription drugs on Tiers 3, 4 and 5. This plan does not have a medical deductible.	\$275 per year for prescription drugs on Tiers 3, 4 and 5. This plan does not have a medical deductible.	
Tier 1: Preferred Generic	Preferred Pharmacy 30-day supply: You pay \$0 Standard Pharmacy 30-day supply: You pay \$5 Preferred Pharmacy/Mail Order 90-day supply You pay \$0 Standard Pharmacy 90-day supply: You pay \$10	Preferred Pharmacy 30-day supply: You pay \$0 Standard Pharmacy 30-day supply: You pay \$5 Preferred Pharmacy/Mail Order 90-day supply: You pay \$0 Standard Pharmacy 90-day supply: You pay \$10	Preferred Pharmacy 30-day supply: You pay \$0 Standard Pharmacy 30-day supply: You pay \$5 Preferred Pharmacy/Mail Order 90-day supply: You pay \$0 Standard Pharmacy 90-day supply: You pay \$10	
Tier 2: Generic	Preferred Pharmacy 30-day supply: You pay \$12 Standard Pharmacy 30-day supply: You pay \$17	Preferred Pharmacy 30-day supply: You pay \$10 Standard Pharmacy 30-day supply: You pay \$15	Preferred Pharmacy 30-day supply: You pay \$12 Standard Pharmacy 30-day supply: You pay \$17	

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Tier 2: Generic (continued)	Preferred Pharmacy/Mail Order 90-day supply: You pay \$24 Standard Pharmacy 90-day supply: You pay \$34	Preferred Pharmacy/Mail Order 90-day supply: You pay \$20 Standard Pharmacy 90-day supply: You pay \$30	Preferred Pharmacy/Mail Order 90-day supply: You pay \$24 Standard Pharmacy 90-day supply: You pay \$34	
Tier 3: Preferred Brand	Preferred Pharmacy 30-day supply: You pay \$42 Standard Pharmacy 30-day supply: You pay \$47 Preferred Pharmacy/Mail Order 90-day supply: You pay \$84 Standard Pharmacy 90-day supply: You pay \$94	Preferred Pharmacy 30-day supply: You pay \$42 Standard Pharmacy 30-day supply: You pay \$47 Preferred Pharmacy/Mail Order 90-day supply: You pay \$84 Standard Pharmacy 90-day supply: You pay \$94	Preferred Pharmacy 30-day supply: You pay \$42 Standard Pharmacy 30-day supply: You pay \$47 Preferred Pharmacy/Mail Order 90-day supply: You pay \$84 Standard Pharmacy 90-day supply: You pay \$94	
Tier 4: Non-Preferred Drug	Preferred Pharmacy 30-day supply: You pay 28% Standard Pharmacy 30-day supply: You pay 30% Preferred Pharmacy/Mail Order 90-day supply: You pay 28% Standard Pharmacy 90-day supply: You pay 30%	Preferred Pharmacy 30-day supply: You pay \$95 Standard Pharmacy 30-day supply: You pay \$100 Preferred Pharmacy/Mail Order 90-day supply: You pay \$190 Standard Pharmacy 90-day supply: You pay \$200	Preferred Pharmacy 30-day supply: You pay \$95 Standard Pharmacy 30-day supply: You pay \$100 Preferred Pharmacy/Mail Order 90-day supply: You pay \$190 Standard Pharmacy 90-day supply: You pay \$200	

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Tier 5: Specialty	Preferred Pharmacy 30-day supply: You pay 27% Standard Pharmacy 30-day supply: You pay 27% Preferred Pharmacy/Mail Order 90-day supply: You pay 27% Standard Pharmacy 90-day supply: You pay 27%	Preferred Pharmacy 30-day supply: You pay 30% Standard Pharmacy 30-day supply: You pay 30% Preferred Pharmacy/Mail Order 90-day supply: You pay 30% Standard Pharmacy 90-day supply: You pay 30%	Preferred Pharmacy 30-day supply: You pay 28% Standard Pharmacy 30-day supply: You pay 28% Preferred Pharmacy/Mail Order 90-day supply: You pay 28% Standard Pharmacy 90-day supply: You pay 28%.	
Insulin	30-day supply of select insulin: \$30 at a preferred pharmacy \$35 at a standard pharmacy. 90-day supply of select insulin: \$60 at a preferred pharmacy \$70 at a standard pharmacy.	30-day supply of select insulin: \$30 at a preferred pharmacy \$35 at a standard pharmacy. 90-day supply of select insulin: \$60 at a preferred pharmacy \$70 at a standard pharmacy.	30-day supply of select insulin: \$25 at a preferred pharmacy \$30 at a standard pharmacy. 90-day supply of select insulin: \$50 at a preferred pharmacy \$60 at a standard pharmacy.	Costs will remain the same through the deductible, initial and coverage gap phases of the Part D benefit.
Phase 2: Coverage Gap	Once you and your plan's total spending adds up to \$4,660 , you enter the coverage gap. You pay 25% of the total cost for generic and brand medications covered under your plan.			
Phase 3: Catastrophic Coverage	Once you have paid \$7,400 during the year, which includes your deductible, copayments, and coinsurances, you enter the catastrophic coverage stage. You pay whatever is greater: 5% coinsurance or \$4.15 for generics \$10.35 for brand drugs You will remain in the catastrophic coverage stage for the rest of the calendar year. On January 1 of the following year, you will begin again in the deductible phase.			

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Additional Benefits				
Over the counter (OTC) Items	You have \$50 every quarter to spend on plan-approved OTC items.	You have \$50 every quarter to spend on plan-approved OTC items.	You have \$50 every quarter to spend on plan-approved OTC items.	Non-prescription OTC health related items like vitamins are covered. Visit ExcellusMedicare.com for details.
Acupuncture	You pay 50% coinsurance	You pay 50% coinsurance	You pay 50% coinsurance	For up to 10 visits per calendar year or up to 20 visits per calendar year for chronic lower back pain.
Meals	Up to two home-delivered meals per day for 7-days.	Up to two home-delivered meals per day for 7-days.	Up to two home-delivered meals per day for 7-days.	Available after an inpatient hospital, hospital observation, or Skilled Nursing Facility stay.
Flex Card	Not covered.	Not covered.	\$500 annual allowance.	Annual allowance to be used for dental, hearing, and vision after medical benefit is used. Provided by LBS.
Rehabilitation Services Occupational Therapy Visit Speech and Language Therapy Visit	In-Network: You pay \$40 copayment. Out-of-Network: You pay \$50 copayment. In-Network: You pay \$40 copayment. Out-of-Network: You pay \$50 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment. In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment. In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment.	Prior Authorization may be required.

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Rehabilitation Services (continued) Cardiac rehabilitation Services	In-Network: You pay \$0 copayment. Out-of-Network: You pay \$60 copayment.	In-Network: You pay \$0 copayment. Out-of-Network: You pay \$60 copayment.	In-Network: You pay \$0 copayment. Out-of-Network: You pay \$50 copayment.	
Foot Care (Podiatry Services) Diagnostic Exams and Treatment Routine Foot Care	In-Network: You pay \$40 copayment. Out-of-Network: You pay \$60 copayment. In-Network: You pay \$40 copayment. Out-of-Network: You pay \$60 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$60 copayment. In-Network: You pay \$35 copayment. Out-of-Network: You pay \$60 copayment.	In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment. In-Network: You pay \$35 copayment. Out-of-Network: You pay \$50 copayment.	Routine foot exams and treatment are covered if you have Diabetes-related nerve damage and/or meet certain conditions.
Medical Equipment/Supplies Durable Medical Equipment (e.g., Wheelchairs, Oxygen) Prosthetics (e.g., Braces, Artificial Limbs and related supplies) Diabetes monitoring supplies	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay \$5 copayment.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay \$5 copayment.	In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay 20% coinsurance. Out-of-Network: You pay 30% coinsurance. In-Network: You pay \$5 copayment.	Prior Authorization is required for Durable Medical Equipment. Prior Authorization is required for Prosthetics. Abbott Diabetes Care is the contracted supplier for Diabetic Monitoring supplies.

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Medical Equipment/Supplies (continued) Diabetes monitoring supplies	Out-of-Network: You pay 30% coinsurance.	Out-of-Network: You pay 30% coinsurance.	Out-of-Network: You pay 30% coinsurance.	Your provider must get an approval from the plan before we'll pay for supplies from a non-preferred manufacturer.
Diabetes self-management training Therapeutic shoes or inserts	In-Network: You pay a \$0 copayment. Out-of-Network: You pay 30% coinsurance. In-Network: 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay a \$0 copayment. Out-of-Network: You pay 30% coinsurance. In-Network: 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay a \$0 copayment. Out-of-Network: You pay 30% coinsurance. In-Network: 20% coinsurance. Out-of-Network: You pay 30% coinsurance.	For people with Diabetes who have severe diabetic foot disease. See the Evidence of Coverage for more information.
Wellness Programs Fitness Silver&Fit participating fitness clubs/ exercise centers Silver&Fit Home Fitness Program Silver&Fit non-participating fitness clubs and exercise centers	You pay a \$0 annual fee. You pay a \$0 annual fee. You will be reimbursed up to an annual allowance of \$150.	You pay a \$0 annual fee. You pay a \$0 annual fee. You will be reimbursed up to an annual allowance of \$150.	You pay a \$0 annual fee. You pay a \$0 annual fee. You will be reimbursed up to an annual allowance of \$150.	You cannot enroll in a participating facility and a non-participating facility at the same time. You pay the annual fee for the home fitness program over-the-phone or online using a debit or credit card. These copayments are not included in the Out-of-Pocket Maximum.

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Remote Access Technology	Contact a nurse 24 hours a day, 7 days a week at 1-800-348-9786 (TTY 1-800-662-1220).	Contact a nurse 24 hours a day, 7 days a week at 1-800-348-9786 (TTY 1-800-662-1220).	Contact a nurse 24 hours a day, 7 days a week at 1-800-348-9786 (TTY 1-800-662-1220).	Information is intended to help educate, not replace the advice of a medical professional.
Routine Annual Physical Exam	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	In-Network: You pay \$0 copayment. Out-of-Network: You pay 30% coinsurance.	One annual routine physical exam each calendar year.
Telehealth Primary Specialists Behavior Health visit MDLive visit MDLive Behavior Health visit Out-of-Network	You pay \$5 copayment. You pay \$40 copayment. You pay 20% coinsurance. You pay \$5 copayment. You pay \$40 copayment. Not covered	You pay \$0 copayment. You pay \$35 copayment. You pay 20% coinsurance. You pay \$0 copayment. You pay \$35 copayment. Not covered	You pay \$5 copayment. You pay \$35 copayment. You pay 20% coinsurance. You pay \$5 copayment. You pay \$35 copayment. Not covered	For non-emergency medical issues only. Contact a network doctor by phone or secure video using your computer or mobile device. Telehealth doctors can diagnose symptoms and prescribe medication. Services from MDLive available 24 hour a day, 7 days a week.
Chiropractic	In-Network: You pay \$15 copayment. Out-of-Network: You pay \$25 copayment.	In-Network: You pay \$5 copayment. Out-of-Network: You pay \$25 copayment.	In-Network: You pay \$5 copayment. Out-of-Network: You pay \$20 copayment.	We only cover manual manipulation of the spine to correct a subluxation (when 1 or more of the bones in your spine move out of position).

Premiums and Benefits	Medicare BlueActive (PPO)	Medicare BlueEssential (PPO)	Medicare BlueFlex(PPO)	What You Should Know
Home Health Care	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay \$0 copayment.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	Prior Authorization is required.
Outpatient Dialysis Services	<p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 20% coinsurance.</p>	<p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 20% coinsurance.</p>	<p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 20% coinsurance.</p>	
<p>Outpatient Substance Abuse Services</p> <p>Individual and Group therapy visit</p>	<p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	<p>In-Network: You pay 20% coinsurance.</p> <p>Out-of-Network: You pay 30% coinsurance.</p>	Prior Authorization may be required for some services.

Discrimination is Against the Law

Our Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Our Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Our Health Plan:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact our dedicated Medicare Customer Care representatives at 1-877-883-9577, (TTY: 1-800-662-1220). Monday - Friday, 8 a.m. - 8 p.m.
From October 1 - March 31, 8 a.m. - 8 p.m., 7 days a week.

If you believe that our Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Advocacy Department
Attn: Civil Rights Coordinator
PO Box 4717
Syracuse, NY 13221
Telephone Number: 1-800-614-6575 (TTY: 1-800-662-1220)
Fax Number: 315-671-6656

You can file a grievance in person, or by mail or fax. If you need help filing a grievance, our Health Plan's Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

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ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-877-883-9577 (TTY: 1-800-662-1220).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-883-9577 (TTY: 1-800-662-1220).

注意: 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-883-9577 (TTY: 1-800-662-1220)。

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-883-9577 (телетайп: 1-800-662-1220).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-883-9577 (TTY: 1-800-662-1220).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-883-9577 (TTY: 1-800-662-1220)번으로 전화해 주십시오.

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-883-9577 (TTY: 1-800-662-1220).

אויפמערקזאם: אויב איר רעדט אידיש, זענען פארהאן פאר אייך שפראך הילף סערוויסעס פריי פון אפצאל. רופט 1-877-883-9577 (TTY: 1-800-662-1220)

লক্ষ্য করুন: যদি আপনি বাংলা, কথা বলতে পারেন, তাহলে নিঃখরচায় ভাষা সহায়তা পরিষেবা উপলব্ধ আছে। ফোন করুন ১-৮৭৭-৮৮৩-৯৫৭৭ (TTY: ১-৮০০-৬৬২-১২২০)।

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-883-9577 (TTY: 1-800-662-1220).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-877-883-9577 (رقم هاتف الصم والبكم: 1-800-662-1220).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-883-9577 (ATS : 1-800-662-1220).

خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 1-877-883-9577 (TTY: 1-800-662-1220).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-877-883-9577 (TTY: 1-800-662-1220).

ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-877-883-9577 (TTY: 1-800-662-1220).

KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 1-877-883-9577 (TTY: 1-800-662-1220).

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Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a representative at 1-800-659-1986.

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit [ExcellusMedicare.com](https://www.ExcellusMedicare.com) or call 1-800-659-1986 to view a copy of the EOC.
- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services that you routinely see a doctor. Visit [ExcellusMedicare.com](https://www.ExcellusMedicare.com) or call 1-800-659-1986 to request a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- Review the formulary to make sure your drugs are covered.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/coinsurance may change on January 1, 2024.
- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.

Excellus BlueCross BlueShield contracts with the Federal Government and is an PPO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal.

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