

When you have the confidence of a
consistent and reliable Medicare plan,
EVERYBODY BENEFITS.

Excellus BlueCross BlueShield Medicare BluePlus (PPO) Plan

*For residents in Clinton, Delaware, Essex, Franklin, Fulton,
Hamilton, Montgomery & Otsego Counties, NY*

2024 Benefit Highlights

- **Preventive dental included**
with NO copayment
- **Comprehensive dental included**
with \$1,000 annual allowance
- **Over-the-counter benefit of \$120/year**
- **Annual eyewear allowance of \$120**
- **FREE: Routine hearing and vision exams**
- **FREE: Meal delivery service**
- **FREE: Silver&Fit® gym benefit**



A Medicare plan that comes with confidence

Having the best benefits means nothing without the network to back them up. Ours is built on nearly 90 years of proven strength and stability serving your community, and comes with the support of a local, caring team that's always here when you need it.



Local

Our plan offers a robust network of doctors, hospitals, and pharmacies, allowing you to receive care from the providers you already know and trust. In the New York counties we serve, **we offer the confidence of 100% hospital participation.**



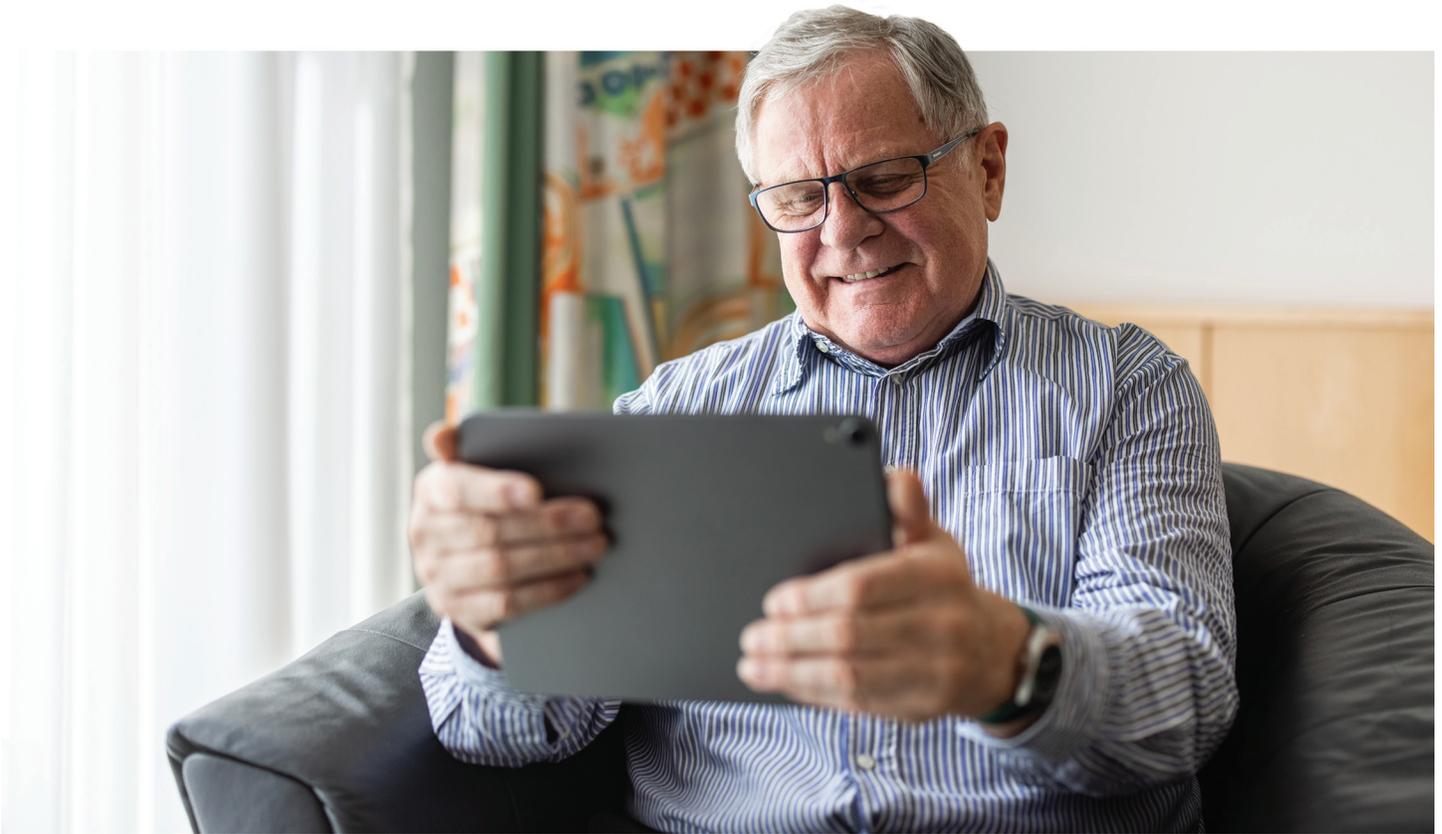
National

Members have access to our BlueCard® program, a national provider network that spans **more than 2,500 counties, 48 states, and two territories in 2023.**



Worldwide

Enjoy peace of mind if you travel abroad, with worldwide coverage for urgent and emergency care included.



Care you can count on

Getting sick or needing care doesn't always happen when it's convenient. That's why we make it easy to get the support you deserve when and where you need it.



Telehealth for Medical and Behavioral Health:

Connect with a doctor, therapist, or psychiatrist to receive care from anywhere through your phone, tablet, or computer.



24/7 Nurse Care Line:

Our specially trained registered nurses are available by phone 24/7 to answer your general questions and provide support for chronic or complex health conditions.



Wellframe® App:

Get instant access to care managers, dietitians, nurses, and other health care professionals that can help you meet your health and wellness goals, all for free.



East	PPO
	Medicare BluePlus
Premium	\$109.40
Primary Care Physician (PCP)	\$0
	30% (OON)
Specialist	\$40
	30% (OON)
Laboratory Services (Routine/Diagnostic)	\$0/\$20
	30% (OON)
X-Rays	\$50
	30% (OON)
Diagnostic Imaging (CAT/MRI/MRA)	20%
	30% (OON)
Ambulance	\$250
Inpatient Hospital Care	Days 1-5 \$350 Per Day Day 6+ Fully Covered
	30% (OON)
Outpatient Hospital/Ambulatory Surgery/Observation Stay	20%
	30% (OON)
Maximum Out-of-Pocket*	\$6,100
	\$9,300 (combined IN and OON)
Part D Prescriptions** Preferred Rx Standard Rx Deductible	Tiers 1/2/3/4/5 \$14/\$15/\$42/27%/25% \$19/\$20/\$47/27%/25% \$545 (All Tiers)

OON = Out-of-network

*Applies to medical benefits. Excludes Part D.

**30-day supply.

A more comprehensive approach to Medicare

When a Medicare plan makes it possible to customize a unique mix of coverage, everybody benefits. That's why our **Medicare BluePlus (PPO) plan includes the following extras and allowances:**

FREE FEATURES



\$0 PREVENTIVE DENTAL – Covers 100% of preventive dental services - which includes 2 cleanings, 2 oral exams and 2 bitewing x-rays per year - all for no copay.



\$0 PREVENTIVE VACCINES – Includes flu, pneumonia, COVID-19 vaccines, and the shingles vaccine, SHINGRIX.



\$0 HEARING EXAMS – Annual routine hearing exams from a TruHearing® provider are covered for a \$0 copay.



\$0 VISION EXAMS – Your annual routine vision exam is covered with no copay from any participating provider.



\$0 PREVENTIVE CARE SERVICES – Includes annual wellness visits, prostate cancer screenings, cervical cancer screenings, colorectal cancer screenings, mammograms, diabetes, and more.



\$0 FITNESS MEMBERSHIP – Receive an annual fitness center membership at a Silver&Fit® facility at no charge.



\$0 MOM'S MEALS® – Get healthy and balanced meals delivered right to your home while you're recovering from a medical event or procedure*.

SAVINGS OPPORTUNITIES



HEARING AIDS – Care is more affordable and accessible for all with hearing aid costs of \$499 (advanced) and \$799 (premium) when ordered through TruHearing®.



PART B DIABETIC MONITORING SUPPLIES – Obtain \$5** Part B diabetic monitoring supplies including glucose monitors, test strips, and more.

*Receive 14 meals for seven days after a hospital observation, inpatient acute stay, or skilled nursing facility stay.

**When purchased from a preferred manufacturer.

EXTRA ALLOWANCES



COMPREHENSIVE DENTAL – Covers more extensive dental services like restorative care or major procedures such as dentures and select crowns, up to a \$1,000 annual allowance.



OVER-THE-COUNTER (OTC) ITEMS – Receive \$30 a quarter to spend on over-the-counter health and wellness items. Hundreds of common non-prescription items such as aspirin, vitamins, cold and cough medications, bandages, and more, ordered and delivered straight to your door.



EYEWEAR – Receive an eyewear allowance of \$120 a year to use toward contact lenses and eyeglasses.

Allowance Amounts	Comprehensive Dental (Annual)	OTC (Quarterly)	Eyewear (Annual)
Medicare BluePlus (PPO)	\$1,000	\$30	\$120



When personalized guidance is always within reach, everybody benefits.

Have a question? We're always here to help. **Call your local Medicare Customer Care Advocate today.**

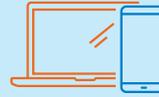


CALL

1-877-883-9577 (TTY: 711)

October 1 through March 31: 8 a.m. to 8 p.m., seven days a week

April 1 through September 30: 8 a.m. to 8 p.m., Monday - Friday



CLICK

MyExcellusMedicare.com/PlanInfo

Excellus  **MEDICARE**

Excellus BlueCross BlueShield is a nonprofit independent licensee of the Blue Cross Blue Shield Association. Excellus BlueCross BlueShield is a PPO plan with a Medicare contract. Enrollment in Excellus BlueCross BlueShield depends on contract renewal. Mom's Meals® is an independent company providing home delivered meals and nutritional services to Excellus BCBS members. TruHearing® is an independent company that offers hearing products and services to Excellus BCBS members. The Silver&Fit® Healthy Aging and Exercise Program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). ASH is an independent company that offers these services on behalf of Excellus BlueCross BlueShield. All programs and services are not available in all areas. Silver&Fit is a federally registered trademark of ASH. Dollar amounts listed for various benefits are applicable to providers within our network unless otherwise noted. Out-of-network/non-contracted providers are under no obligation to treat Excellus BlueCross BlueShield members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. You must continue to pay Medicare Part B premium. Please check the Summary of Benefits for plan details. Excellus BlueCross BlueShield complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-883-9577 (TTY: 711). 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電。1-877-883-9577 (TTY: 711)。